Adventure Tour Overnight:

The Adventure Tour Overnight program is designed to give youth a hands on learning experience but also to foster responsibility, independence, time management and decision making. The program lasts for nearly 18 hours so all participants should plan to dress for different types of weather. It is highly recommend that all participants check the San Diego weather forecast the day of their trip to see what kind of weather to expect. It is usually prudent to be prepared for all types of weather. A sunny, warm day can quickly turn into a cool, windy, wet evening.

All participants will require:
- 1 sleeping bag
- 2 bowls, 2 cups, 2 spoons
- 1 canteen or water bottle
- 1 set of rain gear including rain boots (check the weather)
- 2 sets of comfortable clothing, in case one gets wet
- 2 pairs of socks and closed-toed rubber soled shoes
- Adults only may bring a sleeping pad or cushion for the night

All participants may NOT bring:
- Shorts, skirts or sandals
- Pajamas
- Jewelry
- Games and toys
- Gum, food, candy, sodas, etc.
- Electrical anything
- Weapons, matches or lighters

- This gear should be placed in 1 large bag that can withstand transit in all types of weather. Please no bags that have wheels. What works well for most participants is to put all gear black trash bag.

- Please make sure that the youth do not bring more gear than they can carry by themselves or will fit into one bag.

- Adults and youth from the same family must pack gear separately.

- **All bags should be labeled with the participant’s first initial and last name so that the youth and adults can easily identify their own gear**